

# THE VISION IS SET

*Advocacy, Resilience, and Transformation*



## Inspiration and Awareness

*The Vision is Set* is a one day conference inspiring and bringing awareness to nurses on the perils of medical mistrust, microaggressions, recent changes to scope of practice. Nurses will also learn how to make a positive lasting impact in healthcare through professional development. Come and experience informative workshops and engage in career changing dialogues that will help you bring clarity to your nursing career.

ATTENDEES WILL WALK AWAY WITH:

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UNDERSTANDING OF THE IMPACT OF MEDICAL MISTRUST ON OUR PATIENTS, FAMILIES AND COMMUNITIES AND THE ROLE OF THE NURSE IN ADDRESSING MEDICAL MISTRUST

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A DEEPER UNDERSTANDING OF HOW MICROAGGRESSIONS AFFECT YOUR PERSONAL LIFE AND CLINICAL PRACTICE

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EMPOWERMENT TO SEEK NEW PATHS OF PERSONAL GROWTH AND DEVELOPMENT IN THEIR NURSING CAREER

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ACCESS TO NETWORKING CONNECTIONS IN EMPLOYMENT, EDUCATION, ENTREPRENEURSHIP, AND MENTORSHIP

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# SESSION DESCRIPTIONS

## Medical Mistrust:

### What can providers do to advocate for patients?

- How does medical mistrust affect health care outcomes?
- What is our role as clinicians and providers to prevent medical mistrust?

Medical mistrust is deeply rooted in our communities and contributes to huge disparities in health outcomes. In this session, we will explore the historical constructs related to Medical Mistrust, discuss how medical mistrust impacts healthcare outcomes and explore ways to combat medical mistrust to build trusting relationships with our patients. Nursing is the MOST trusted profession and sometimes in order to reach our healthcare goals, we have to address the patient's mistrust in the healthcare system

## Microaggressions in clinical practice: How to build resiliency

- Have you ever received an insult or felt slighted whether intentionally or unintentionally?
- During interprofessional collaboration, have you experienced subtle tones of hostility.
- Is your work environment toxic, filled with negative energy that sometimes causes feelings that could possibly affect patient care?

As a profession, many of us experience subtle undertones that leave us with negative feelings that feel our heads with negative energy, make us doubt our abilities, or make us feel isolated. In this session, we will examine these fundamental questions to help guide you in finding how to deal with microaggressions in your nursing career and academic environment.

# SESSION DESCRIPTIONS

## Right Credentials-Right Scope-Right Practice

- Are you working within your scope of practice?
- Can you work as a Psych NP with an FNP degree?
- Does your certification match your current practice environment?
- Are you considering dual certification?

Many providers are working out of their scope of practice and do not realize it. Due to liability issues, hospitals are re-aligning NP practice according to scope of practice NPs with FNP degrees working in acute settings might have to go back to school to get the appropriate certification. This session will dispel myths related to certifications, if you have the right certification to practice in your current job, and the pros and cons of dual certification. We will review case scenarios to help you further understand the how certifications impact scope of practice, choosing the right educational pathway, and how to practice to the fullest extent of your education.

## Start with the end in mind: Transform your nursing career

- How do you represent yourself as a registered nurse or APRN?
- Would it be easy or hard for someone to write you a letter of recommendation?
- You've completed graduate school....now what?
- Do you need to refresh your professional image?

In this session, discuss realistic expectations when negotiating contracts, how to set yourself up to be qualified for your interests, and discover the power of networking through community service and joining professional nursing organizations. No matter where you are in your nursing career this session will equip you with the knowledge to put your best professional image forward!

# THE VISION IS SET

## Advocacy, Resiliency, and Transformation

**8:30am-8:45am** Event opens

**8:45am-9:00am** Welcome and Pre-assessment

**9:00am-10:00am** Medical Mistrust

**10:00am-11:00am** Microaggressions in clinical practice

**11:00am-12:00pm** Transform your nursing career

**12:00pm-12:15pm** Break

**12:15pm-1:45pm** Right Credentials, Right Scope, Right Practice

**1:45pm-2:00pm** Closing and Post-assessment